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|  | **Workshop Title** | **Date** | **Time\*** | **Location** |
| *
 | Time Management for University | Tues. Jan. 9 | 4:00 p.m. | LA274 |
|  | Build Your Study Schedule | Wed. Jan. 17 | 3:30 p.m. | LA297 |
|  | Get the Most Out of Reading | Thurs. Jan. 18 | 12:00 p.m. | LA271 |
|  | Notetaking and Listening in Class | Tues. Jan. 23 | 2:30 p.m. | LA177 |
|  | Effective Study Strategies | Wed. Jan. 24 | 11:00 a.m. | MM227 |
|  | Overcome Procrastination | Mon. Jan. 29 | 1:30 p.m. | AT216 |
|  | Focus and Concentration  | Thurs. Feb. 1 | 11:30 a.m. | LA188 |
|  | Time Management for Busy Students | Wed. Feb. 7 | 2:30 p.m. | MM227 |
|  | Boost Your Motivation | Fri. Feb. 9 | 11:30 a.m. | LA282 |
|  | Writing Tests and Exams | Wed. Feb. 14 | 1:30 p.m. | AT216 |
|  | Overcome Procrastination | Tues. Feb. 27 | 11:30 a.m. | AT340 |
|  | Learning Supports for ‘Neurospicy’ Students | Tues. Feb. 27 | 3:30 p.m. | AT340 |
|  | Mind Mapping for Learning and Memory | Thurs. Feb 29 | 12:30 p.m. | AT340 |
|  | Time Management for Commuters  | Thurs. Mar. 7 | 2:30 p.m. | LA177 |
|  | Boost Your Motivation | Tues. Mar 12 | 3:30 p.m. | LA177 |
|  | Effective Study Strategies | Mon. Mar. 18 | 4:00 p.m. | LA177 |
|  | Preparing for Science Exams | Wed. Mar. 27 | 5:30 p.m. | AT216 |
|  | Build Your Study Plan | Tues. Apr. 2 | 4:30 p.m. | LA177 |
|  | Writing Exams | Thurs. Apr. 4 | 11:30 a.m. | LA188 |

\*All workshops run for 45 minutes

\*Workshop location subject to change. Visit www.smu,ca/studentsuccess for updates!



Join us for free **in person** or **online (Zoom)**

Learn more and register at www.smu.ca/studentsuccess

**Walk-ins are welcome!**

Meet one-on-one with **Learning Skills Strategist**, Emma Sylvester, to discover learning approaches that will work best for you. Get support in:

|  |  |
| --- | --- |
| * general study skills
* time management
* exam preparation
* notetaking
 | * procrastination
* motivation
* focus
* and more!
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Appointments are free and are offered both in-person in the Student Centre, SC301, and online.

Book a one-on-one appointment at **www.smu.ca/studentsuccess** or email **StudentSuccess@smu.ca**

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| **Learning Skills** **and Strategies** | Study Hall |

****Study Hall is a free, open, shared workspace for you to:

* work effectively
* grab a study snack
* meet and study with peers
* get support on your exams and assignments
* use provided tools and materials

Held **every** **Thursday, 1:30 - 3:30 p.m.** in the Patrick Power Library Classroom, **LI135**